

### **QUESTIONS TO ASK YOUR ALTERNATIVE HEALER:**

- 1. Have you treated people with rheumatoid arthritis before?  
What successes have you seen?*
- 2. What is your philosophy of healing?*
- 3. What is your education?*
- 4. How will you help my body to feel better?*
- 5. How will you help me to support my body systems so I can better tolerate my drugs?*
- 6. How will you help me restore balance and enhance my healing?*

### **BEWARE OF:**

- **THE WORD CURE**
- **PEOPLE WHO ARE COMPLETELY AGAINST CONVENTIONAL MEDICINE**
- **PEOPLE WHO SAY THEY KNOW THE CAUSE OF ARTHRITIS**
- **PEOPLE WHO SAY ARTHRITIS IS CURED BY DIET**
- **PEOPLE WHO WANT YOU TO COMMIT MONEY UP FRONT**
- **EXPENSIVE TREATMENTS**